

200M van TIELT 26: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanden Abeele Syl

Coaches: Rigole Luna

Coaches: Planckaert Pieter HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:00	
Heat: 1/10 Lane : 2 Athlete: MOENENS JADE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 14:12	
Heat: 4/10 Lane : 2 Athlete: BREDMA MAUD							Q-time: 03:32:75	
PB (25m pool): 03:32.75 leper 05/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.69		01:40.84		no time		03:32.75
	00:46.69		00:54.15					
								

Coach feedback:

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 14:16	
Heat: 5/10 Lane : 1 Athlete: VANDENBULCKE FELI							Q-time: 03:07:33	
PB (25m pool): 03:43.19 leper 05/01/2025				PB (50m pool): 03:07.33SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.40		01:45.78		no time		03:43.19
	00:50.40		00:55.38					
								

Coach feedback:

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Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 14:19	
Heat: 6/10 Lane : 2 Athlete: VANCAMELBEKE LOTTE							Q-time: 02:52:06	
PB (25m pool): 02:52.06 Diksmuide 12/10/2025				PB (50m pool): 02:55.41 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.92		01:23.89		02:08.85		02:52.06
	00:39.92		00:43.97		00:44.96		00:43.21	
								

Coach feedback:

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 14:19	
Heat: 6/10 Lane : 5 Athlete: DHUYVETTER EM							Q-time: 02:53:44	
PB (25m pool): 03:49.41 leper 07/01/2024				PB (50m pool): 02:53.44 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:49.41
	no time							

Coach feedback:

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 14:23	
Heat: 7/10 Lane : 1 Athlete: POPPE CéLESTE							Q-time: 02:48:87	
PB (25m pool): 02:48.87 Diksmuide 12/10/2025				PB (50m pool): 02:50.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.83		01:20.60		02:05.97		02:48.87
	00:37.83		00:42.77		00:45.37		00:42.90	
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:1, starttime: 14:35	
Heat: 1/11 Lane : 3 Athlete: BONTE EMIEL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 5: 200M FREESTYLE MEN 11+							Heat:1, starttime: 14:35	
Heat: 1/11 Lane : 4 Athlete: HONOREZ HENRI							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:3, starttime: 14:44	
Heat: 3/11 Lane : 5 Athlete: VANDENBROUCKE BAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:4, starttime: 14:49	
Heat: 4/11 Lane : 5 Athlete: WINDELS LUCAS							Q-time: 03:23:96	
PB (25m pool): 03:53.26 leper 05/01/2025			PB (50m pool): 03:23.96SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.54		01:51.35		no time		03:53.26
	00:49.54		01:01.81					
								

Coach feedback:

Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 17:08	
Heat: 1/7 Lane : 2 Athlete: MOENENS JADE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 17:17	
Heat: 3/7 Lane : 1 Athlete: BREDA MAUD							Q-time: 03:50:67	
PB (25m pool): 03:50.67 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.97		01:49.43		no time		03:50.67
	00:49.97		00:59.46					
								

Coach feedback:

Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 17:17	
Heat: 3/7 Lane : 5 Athlete: VANDENBULCKE FELI							Q-time: 03:50:52	
PB (25m pool): 03:50.52 leper 04/01/2026				PB (50m pool): 03:54.52 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.36		01:49.23		no time		03:50.52
	00:51.36		00:57.87					
								

Coach feedback:

Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 17:22	
Heat: 4/7 Lane : 4 Athlete: BLEUZé DAKOTA							Q-time: 03:35:62	
PB (25m pool): 03:35.62 Diksmuide 12/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.46		01:45.56		02:41.26		03:35.62
	00:49.46		00:56.10		00:55.70		00:54.36	
								

Coach feedback:

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 17:47	
Heat: 3/7 Lane : 4 Athlete: VANDENBROUCKE BAS							Q-time: 04:08:53	
PB (25m pool): 04:08.53 LAGO Zwevegem 25/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:56.05		02:00.03		03:04.69		04:08.53
	00:56.05		01:03.98		01:04.66		01:03.84	
								

Coach feedback:

200M van TIELT 26: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 17:56	
Heat: 5/7 Lane : 1 Athlete: WINDELS LUCAS							Q-time: 03:43:16	
PB (25m pool): 03:43.16 LAGO Zwevegem 25/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.30		01:47.92		02:46.45		03:43.16
	00:50.30		00:57.62		00:58.53		00:56.71	
								

Coach feedback:

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 18:00	
Heat: 6/7 Lane : 1 Athlete: MOENENS MATTEO							Q-time: 03:33:53	
PB (25m pool): 03:33.53 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.91		01:43.80		no time		03:33.53
	00:47.91		00:55.89					
								

Coach feedback: